

**Cowichan District Teachers' Association**

**Professional Development Day**



**May 3rd, 2019**

**George Bonner Elementary School**

# Welcome to Professional Development Day: May 3, 2019

George Bonner Elementary School: 3060 Cobble Hill Road, Mill Bay, BC

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Pick up registration info .....	9:00 to 9:30
Networking (refreshments available).....	9:30 to 10:30
Session B (all day) .....	10:30 to 2:45
Session C (morning).....	10:30 to 12:00
Lunch ( <b>NOT PROVIDED</b> ).....	12:00 to 1:15
Session D (afternoon) .....	1:15 to 2:45

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**As parking is limited, please plan to carpool.**

**Please bring a water bottle & coffee mug; the environment thanks you.**

**Everyone is expected to attend the networking portion from 9:30 to 10:30 a.m. at George Bonner Elementary School unless offsite and different time. If your workshop is offsite, you will meet at a pre-determined time and meeting place listed in the workshop writeup.**

## **SESSION B: 10:30 to 2:45 (after networking)** **All Day Sessions**

### **B1 WET FELTING**

**FACILITATOR: LAURIE CHOMYN**

Wet felting is a centuries old craft used to make everything from clothing to works of art. In this workshop you will learn the basics of wet felting. We will be creating a flat felted piece and a small vessel. As we will be working with lots of soap and water **please wear comfortable clothing and bring an old towel.**

### **B2 HIKE THE COWICHAN VALLEY DIKES**

**FACILITATOR: SUZANNE THUR**

**MEET AT THE TROUT HATCHERY AT 1080 WHARNCLIFFE ROAD AT 8:50AM BEFORE STARTING 9:00AM TOUR OF FACILITY.** (end of Wharncliffe past McAdam Park - turn right to parking lot

Featuring an easy 2+ hour walk along the McAdam Park Dike and the Somenos Marsh Dike, this workshop highlights outdoor possibilities inclusive to all students and curriculum. More than a walk

in the park, it features a guided tour of the Trout Hatchery, a facility that manages 300,000 fish per year and from the Somenos Marsh Society, a presentation focused on our local wetlands with a tour of the Open Air Classroom boardwalk. This workshop ends at 2:00pm, **please dress for weather and bring a bag lunch with snacks.**



**No Dogs Please**

An outdoor advocate throughout her teaching career, Suzanne Thur encourages teachers to bring their students into the great outdoors. Now in retirement, Suzanne offers her services to educators, helping out in classrooms and leading hikes on local trails. The Cowichan Valley is her biking, hiking and kayaking playground.

**B3 ADVENTURE BIKE AND HIKE:  
INTRODUCTION TO WILDERNESS  
STUDENT TRAVEL**

***FACILITATORS: DARREN HART & RICK GROICHER***

This workshop will begin at **7:00am in Youbou**. Participants will start the day with a 5km uphill bike ride along Cottonwood Main Line Forest Road. The group will then hike for approximately 2 hours over steep terrain to Lomass Lake. Once at the lake participants will (weather and terrain permitting) continue for approximately another hour to the top of Mt. Langdale. Gate to Summit should take about 5 hours.

Throughout this activity, participants will engage in collaborative conversations about strategies and techniques available to create authentic outdoor educational opportunities for students.

**Participants will need a mountain bike, backpack with appropriate clothing for Alpine conditions and a reasonably high level of fitness.** (Snow shoes will be provided)

Round trip from start to finish should take approximately 10 hours plus driving time to Youbou!

**No dogs please.**

Darren Hart is currently teaching at FKSS. He has been a teacher in SD79 since 2000. During this time, he has been involved with a variety of outdoor education oriented activities and programs in both the school and community. Darren is currently involved with the FKSS New Outdoor Education Initiative and works to bring the classroom experience into nature.

Rick Groicher is currently teaching at FKSS and has been teaching in SD79 since 2003. He has been involved in a variety of outdoor education activities and initiatives as well as local stewardship and trail building. Rick is currently involved with the FKSS New Outdoor Education Initiative and works hard to promote the importance of environmental awareness.

**B4 ALTERNATE TEACHERS WANDER AND WONDER 2019**

***FACILITATORS: CJ SMITH & KELLY DAVIDSON***

If you are an alternate teacher and would like to learn a new hike that you could do with your group, please join our activity. We will muster at Drumroaster (behind Country Grocer at Valleyview) at **9:00am**. After a brief conflag and muffin we will carpool to the base of Baldy Mountain. If weather is good we will take the scenic route to top of the mountain and if not, we will use the road. You will experience the effects of climate change on local arbutus, learn some local lore and be shown the easy way down the back side of the mountain. **Wear good shoes and bring a water bottle. Nice dogs are welcome.** CJ Smith has been teaching in SD79 alternate school programs for far too long. She is grumpy in the mornings and walks very slowly.

Kelly D. has also spent a good deal of time as an alternate teacher in SD79. She wakes up way too early and often adopts pets with an odd number of paws. In addition, for \$100,000 she will write you a well edited English paper.

**B5 EXTENDING MENTAL HEALTH LITERACY FOR EDUCATORS**

***FACILITATORS: MARY KIRCHNER & RICHARD MATTHEWS***

For educators at all levels and in all roles, this workshop is a continuation of the Introduction to Mental Health Literacy training provided at the October Pro-D and January NID. Workshop participants will go deeper into the topic and gain insight into specific diagnoses and effective treatments, with additional strategies for managing stress and creating a mentally healthy classroom. The workshop is based on the well researched and acclaimed work of Dr. Stan Kutcher and Dr. Yifen Wei.

Mary Kirchner is a secondary counsellor with more than 30 years experience working with youth, supporting mental

health education, mental wellness skills and self-advocacy.

Richard Matthews is a district counsellor with over 30 years experience in elementary and secondary settings, working with and supporting vulnerable populations.

#### **B6 NEW TEACHER WORKSHOP**

***FACILITATOR: AMANDA LONG***

This is a MUST for all new teachers!! It covers so many relevant topics as you start your career (first 3-5 years!) This workshop introduces new members to the local union and the BCTF as well as to the collective agreement and highlights sections most relevant to new members. It explores the responsibilities and challenges of maintaining positive professional relations with students, parents, and colleagues including boundaries, code of ethics and other topics. It builds awareness about professional issues such as professional development and professional autonomy. It promotes union work and encourages new members to participate in the union. Great for new teachers and TTOCs. Amanda Long is a Coquitlam teacher and BCTF facilitator. She is President of the Early Career Teachers' Association ([www.bcecta.ca](http://www.bcecta.ca)) and travels B.C. to engage new teachers to build awareness about the supports available to them through their local and provincial union. She recently finished her Master of Education at SFU and is a local released officer in her local.

#### **B7 INTRODUCTION TO WRESTLING**

***FACILITATOR: RYAN YEWCHIN***

This workshop will focus on building skills for PHE educators in K-12 to incorporate wrestling into their curriculum. You will learn foundational athletic skills such as tumbling and breakfalling in addition to wrestling specific techniques and a variety of fun and safe combative games. This is not a coaching seminar nor is it a focus on high level athletic performance. This is a fun,

active, and engaging workshop for those who are interested in adding knowledge of a new sport into their PHE curriculum.

**Please bring active wear, CLEAN athletic shoes,** and a willingness to participate in physical activity.

Ryan Yewchin is currently a Grade 5/6 Teacher at Bench Elementary School and a Coach with the Cowichan Valley Wrestling Club. Prior to teaching, Ryan was a varsity wrestler at Simon Fraser University and is a multiple time placer and medal winner at various Canadian Age Group National Wrestling Championships. Bringing over a dozen years wrestling experience to the workshop, Ryan's focus is geared towards developing broad based, transferable athletic skills, a safe environment, and fun. Ryan has experience coaching athletes from early development levels to elite competitors on the national and international stage.

#### **B8 EVERYONE CAN CREATE**

***FACILITATOR: BRAD CARTER***

To thrive in today's world and to shape tomorrow, students need to tap into their creative potential and learn to express themselves in new and innovative ways. Creative skills help students become better problem solvers, communicators, and collaborators. Join us to learn about Everyone Can Create, a new program from Apple designed to help unleash the creative potential in every student. This hands-on workshop includes a collection of free project guides that teach students how to develop and communicate ideas through video, photography, music, and drawing. And it gives teachers fun and meaningful ways to bring these skills into any lesson, topic, or assignment. Brad Carter is a national development executive with Apple Education Canada focussing on the strategic development of technology and on improving the collective adaptive capacity of schools. Brad has spent more than 15 years exploring the impact of technology on society and, in particular, K12 education.

A former teacher and school administrator, his global travels which include leading an international student body and faculty around the world, have given him a broad perspective on schools and schooling. He is an experienced public speaker and has presented internationally as a keynoter and workshop leader.

## **B9 CANOEING**

### ***FACILITATOR: ABORIGINAL EDUCATION***

Join the Aboriginal Education Itinerant Staff and community members for a day of learning on the traditional territory of Tousilum on Xwaaqw'um, Salt Spring. We will begin our journey together in Maple Bay where we will get into canoes and paddle across to Xwaaqw'um while listening to rich traditional stories told by our Elders of the land in Cowichan Valley. Once on Salt Spring we will enjoy a traditional salmon pi'qwun lunch before returning to our canoes for the journey home with another story teller. This journey is not to be missed! Tousilum is an honoured elder who has worked in education for many decades. Currently Tousilum acts as an advisor for our district and the University of Victoria, as well as co-facilitating the Village exercise throughout our Province.

## **B10 ABORIGINAL COACHING MODULES**

### ***FACILITATOR: ISPARC (INDIGENOUS SPORT PHYSICAL ACTIVITY & RECREATION COUNCIL OF BC)***

**Course runs from 8:30am to 5:30pm - Lunch will be provided**

The ACM is a professional development training tool for Indigenous & Non-Indigenous people supporting Indigenous youth in a sport, physical activity or recreation setting. Topics include:

**Holistic Approach to Coaching** encompasses a holistic approach to coaching/support which includes topics such as creating a positive environment, using the Medicine Wheel, a coaching support perspective: physical, mental,

emotional, intellectual, cultural, and spiritual aspects, values (the Four Pillars). **Dealing with Racism** encompasses issues on dealing with racism in sport including definitions that may be useful in the discussion of racism and knowing when to use the right word to describe what is happening in a certain situation, i.e. discrimination, racism, prejudice, stereotype, systemic discrimination. It also discusses how to respond to racism and the three choices of response, examples of coaches' responses, organizational responses to racism, creating a positive environment

**Individual and Community Health and Wellness** encompasses topics on lifestyle, health, and nutrition, and how to be familiar with the unique lifestyle, health situations, and challenges that Indigenous youth may face, understanding the community, mental health, personal and community health practices, diet and nutrition, health conditions and diseases, and influencing change.

This course is accredited by the Coaching Association of Canada and upon completion participants will receive a NCCP # (National Coaching Certification Program) and credits, certificate & wallet card

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## **SESSION C: 10:30 a.m. – 12:00 p.m. Morning Sessions after Networking**

**C1 ~~IMPROVE YOUR GAME: TRAIN THE TEACHER COACHES CLINIC~~  
Cancelled**

**C2 NO SCREENS, NO WORRIES! CODING UNPLUGGED FOR BEGINNERS (K-7)**  
***FACILITATOR: SHERI KINNEY***  
Join Sheri to explore coding for K-7 students that doesn't involve any screens. Learn how to code through crafts, games, dance, and fun toys. Sheri is our District Library Learning Commons Coordinator. Everything she knows about coding, she learned from Lisa Read.

**C3 INDIVIDUAL DIFFERENCES IN TEMPERAMENT**

***FACILITATOR: ALLISON REES***

Have you ever noticed how different kids require different approaches from you? Learn the ins and outs of understanding children's temperament to help you understand who you are teaching. How do you work with distractibility? What about a child who seems defiant and won't cooperate? Then there are the sensitive tender hearts that seem to have more than their fair share of anxiety and worry. This practical workshop will provide you with lots of strategies and insight.

Dr. Allison Rees, PhD has been training professionals and parents for 30 years in both private practice and teaching. She has a large following of people in Victoria, where her eight week courses attract large audiences. She has co-authored two books and writes articles for various magazines. Now a parent to two young adults who remain her greatest teachers!

**C4 ENGAGING ELEMENTARY SCHOOL AGED CHILDREN IN READING WITH VIBOOKCRATES**

***FACILITATORS: KRISTEN LECLAIR & JOHN BOAN-MITCHELL***

Spend the morning with VIBookCrate and explore books that engage and encourage children ages 8 to 12 to read critically acclaimed books. VIBookCrates is a company that curates literary adventures for elementary school children. Teacher-librarians will be able to review and explore pre-made kits and participate in discussions around great children's literature. There will be an opportunity to collaboratively create your own 'bookcrate'! Resources on finding advanced readers copies, e-books, and quality book reviews will be discussed. Kristen LeClair is the creator of the book based subscription box company located on Vancouver Island. She is joined in the curation of each junior book box by her two children who have a love for reading that borderlines obsession. After looking

around for a Canadian based book box company they were surprised to find that the options were scarce! She wanted to start something meaningful and fun that she could do with her two children thus VIBookCrate was born. VIBookCrate's mission is to create reading adventures for children aged 8-12. Reading is so important and they believe that anything that promotes it is a good thing! So they have designed a themed box that will ship each month that is filled with amazing items that will take kids on an amazing reading adventure!

**C5 INTEGRATING POETRY IN THE CLASSROOM**

***FACILITATOR: KEVIN FLESHER***

I will introduce techniques and methods and tools for bringing poetry into just about any classroom. Learn how to integrate poetry into other subjects and bring poetical perspective to life.

Kevin Flesher is the first ever official Poet Laureate of the Comox Valley. He has a long history of using poetry, art, drama and music to communicate and educate. He is an award winning interpreter with Kananaskis Provincial Park and the Royal Tyrrell Museum of Paleontology as well as a touring performer with Evergreen Theatre. He teaches music and drama in Comox and on Denman and Hornby islands.

**C6 EXAMINING METACOGNITIVE STRATEGIES FOR INTERMEDIATE STUDENTS**

***FACILITATOR: RHONDA GERES-SMITH, SUSAN STACEY & SHELLEY WEBSTER***

The purpose of this workshop is to examine how metacognitive strategies can be explicitly taught to students in the intermediate grades. We will focus on active listening, self-talk, and self-evaluation and reflection. The presenters will share self-assessment tools, classroom resources, and strategies that can be used

to encourage students to think about their thinking and become actively engaged in their own learning. The workshop will have a transdisciplinary lens as it will be facilitated by diverse educators: a resource teacher, occupational therapist, and school psychologist. Connections to the BC Curriculum will also be discussed.

Shelley Webster is an elementary teacher with experience teaching primary grades, learners with academic challenges, and the Fine Arts who has worked in SD 79 since 1990. She holds a master's degree in special education (Reading Interventions for Students with Learning Disabilities) and is currently a resource teacher with a focus on programs and supports for students with autism.

Susan Stacey is an occupational therapist who also has a master's degree in Education (Leadership Studies in Autism). Susan has worked as the SD 79 OT for the past 26 years, primarily on a part-time basis. This part-time work allowed her to explore other areas of work, including supporting children and youth with autism or brain injuries, working on a Child and Youth Mental Health team and providing workshops on sensory self-regulation.

Rhonda Geres-Smith is a former teacher with experience teaching English and Science in grades 7 to 12. She holds two master's degrees: one in Curriculum Instruction and one in School Psychology. Her research interests include: hippocampally mediated memory processes; the Self-regulated Strategy Development (SRSD) Model; and the use of a transdisciplinary approach to professional learning for educators.

Rhonda is currently a certified school psychologist and has worked in SD 79 for five years.

**C7 INTEGRATING FIRST NATIONS PERSPECTIVES THROUGH ART ACROSS THE CURRICULUM**

***FACILITATORS: BECKY GREENHOW & ANGELLA CAMPBELL***

The Salish Weave Collection, a private collection of contemporary Coast Salish

art, gifted 27 prints SD79 in the form of three box sets. Now individually framed, prints are available for classroom investigation and inquiry. In this session, we will introduce you to the prints and share how teachers in Cowichan have used this amazing resource with their students, integrating the prints into and across curricula at all grade levels. We will share the framed art pieces available to take into your schools, review the lessons that have already been used with primary, intermediate, and secondary students, and take you through a sample activity. Angella Campbell is a grade 4 teacher at Crofton Elementary School. Becky Greenhow is the coordinator of school programs for the Salish Weave Collection. She is also a grade 5/6 teacher at Crofton Elementary School. Both are currently teaching in very diverse learning environments.

**C8 MEANINGFUL SPELLING USING WORDS THEIR WAY WITH OTHER STRATEGIES**

***FACILITATOR: BONNIE GRIFFITHS***

This workshop is an introduction to Words Their Way and other fun methods to teach spelling to primary and early intermediate or struggling spellers. "Talking about words" and spelling patterns help students to see similarities and differences in the complicated English language. Strategies of how to adapt your program to accommodate different levels of spellers within your classroom will also be discussed as well as ways to collaborate with other educators to provide a meaningful spelling program to elementary students.

Bonnie Griffiths has been teaching for 30 years with the past 20 in SD79. Her experience spans K-5 in all subject areas. "If you are interested and passionate about what you teach, your students will be engaged in learning with you".

**C9 ECOLOGICAL AND DESIGN EDUCATION**

***FACILITATOR: JAMES RICHARDSON  
OFFSITE AT 636 CHARLOTTE STREET,  
DUNCAN***

This hand-on garden design and management workshop will explore outdoor and experiential education in a way that will bring life (and taste) to the new curriculum. We will help to find ways for teachers to apply experiential education in and out of their classroom and unpack some essential (and simple) tools for design.

James Richardson is a teacher, designer, builder, farmer and cultivator of social change. His research in sustainable food system planning explored some fundamental questions such as what it would take to feed the city of Vancouver and his PhD in resilient regional planning utilized Ecological Footprinting to redesign Wellington, NZ. He brings an experiential flair to his teachings following a dynamic teaching career in Canada, New Zealand, Guyana, and the United States. James is a student of Permaculture, natural building, biodynamic farming and brings to the district a deep understanding of the art and science of sustainability

**C10 WRITE IT DOWN! EXERCISES FOR MUSIC LITERACY**

**FACILITATOR: HELEN VAN SPRONSEN**

Join Helen for a number of quick and fun exercises that may be implemented into your elementary music classroom to develop music literacy. Using simple songs and games; discover easy ways to develop student's rhythm, melody and creative skills as well as give you plenty of opportunities to assess their learning. Growing up in Canada and New Zealand, Helen Van Spronsen has played and sung in chamber ensembles, choirs, concert bands, orchestras and brass bands, led the New Zealand Youth Concert Band and toured internationally with the New Zealand National Youth Choir. Her search for 'a better way' of music education led her through a Degree in Music, (Clarinet Performance, Ethnomusicology and Conducting), a Diploma in Teaching (Secondary Music), studies with the British Kodály Academy, Kodály Centre

of London, and a Diploma from the Kodály Institute in Kecskemét, Hungary. Helen has taught woodwind instruments, high school and elementary music, directed choirs and led workshops in New Zealand, the UK and Canada, and is an active member of the B.C. Kodály Society. She has taught Level 1 Pedagogy and Music Literature at the University of Victoria's Summer Kodály Institute and is currently serving on the board of the Kodály Society of Canada. She lives, teaches and raises two hockey-mad boys in Campbell River, B.C.

**C11 ~~SHARE YOUR LEARNING~~  
WORKSHOP CANCELLED**

**C12 GUIDED MATH**

**FACILITATOR: SYLVIA SWIFT**

Teachers will be guided through games, assessment, graphing and activities using Sylvia's Guided Math Website. This workshop is for all grades and will give you ways to quickly start guided math in your classroom.

<http://27mathconversations.weebly.com>

Sylvia was the math district teacher leader for SD27 where she worked with teacher cohorts implementing guided math. She moved to the Island 3 years ago and currently teaches Grade 3 at George Bonner. She continues to give guided math workshops in the district.

**C13 COMPUTATIONAL THINKING ACROSS THE CURRICULUM**

**FACILITATOR: CARRIE ANTONIAZZI,  
SCIENCE WORLD**

**Please bring a laptop or tablet.** Explore ways of integrating computational thinking across several content areas. In this workshop, you will engage in hands-on activities that use technology to demonstrate how this problem solving strategy may be applied in subjects such as language arts, physical education, science and math.

Science World is committed to supporting teachers in STEAM (science, technology, engineering, arts and design, and mathematics.

**C14 BODY SMART: RIGHT FROM THE START**

***FACILITATOR: KERRI ISHAM***

Nervous/curious/excited about teaching the NEW Physical and Health Program for K-3, then this workshop is for you!

Teaching sexual health education from a young age is vital to the emotional, spiritual, physical and sexual development of a child. This is an interactive workshop. Walk away with activity ideas to try the very next day.

Kerri Isham is a knowledgeable, experienced and passionate educator, coach and facilitator dedicated to excellence and committed to the empowerment of people of all ages. Her primary goal is to make exploring sexual health fun and meaningful, and to alleviate the shame and embarrassment sometimes associated with this topic. Kerri graduated from Ottawa University in 1994 with a Bachelor of Physical Education and in 1995 completed her Bachelor of Education. She taught in SD#69 for 14 years, including ten years as a sexual health educator at the middle school level. Currently, she runs her own company called **Power-Up Workshops** specializing in sexual health education for preschool to Grade 12. Her three main areas of focus are sexual abuse prevention, puberty education and special needs education. Kerri completed the Sexual Health Educator's Certification program in June 2011 with Options for Sexual Health in Vancouver.

**C15 MORNING MESSAGE: 15 MINUTES WELL SPENT!**

***FACILITATOR: SHARI WORSFOLD***

Learning to read and write is easier if you have a broad foundation on which to work. Find out how just 15 minutes daily can play a role in setting that foundation. Shari Worsfold has been a primary teacher and literacy specialist for over 20 years.

Currently Shari is a reading recovery teacher leader for the Southern Vancouver Island Reading Recovery Consortium. She has spent most of her career working with children who struggle to read and write.

**C16 SHAWNIGAN LAKE MUSEUM TOUR (OFFSITE)**

***FACILITATORS: LORI TRELOAR***

Visit the Shawnigan Lake Museum and learn what is being offered for school visits. Try out some of the hands-on activities that we offer to students in our school programming. In small groups, you can try out laundry activity, curator for a day, build a bent, story walk and a theatre experience.

**C17 ~~PROBLEM SOLVING, TASKS~~ WORKSHOP CANCELLED**

**C18 LITERACY IN THE K-2 CLASSROOM – FOR EARLY CHILDHOOD NEWBIES**

***FACILITATOR: LORI APPLETON***

They want me to teach them how to read and write?! From scratch?! This workshop is designed for teachers new to teaching literacy in the early primary classroom. We'll explore developmental stages of reading and writing and discuss ways to design and implement a literacy program that meets the needs of all learners. Lori is a primary teacher at GBE with many years of experience teaching K-2. She recently completed a Masters of Education in Early Childhood Education.

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**SESSION D: 1:15 – 2:45 p.m.**

**Afternoon Sessions**

**D1 ~~IMPROVE YOUR GAME TO IMPROVE YOUR COACHING~~  
Cancelled**

**D2 NO SCREENS, NO WORRIES! CODING UNPLUGGED FOR BEGINNERS (K-7)**

***FACILITATOR: SHERI KINNEY***

Join Sheri to explore coding for K-7 students that doesn't involve any screens. Learn how to code through crafts, games, dance, and fun toys.

### **D3 COMMUNICATION BREAKDOWN**

***FACILITATOR: ALLISON REES***

Language is powerful. When it comes to working with children, our words can be a source of clarity, support and comfort, or they can create more power struggles and resistance. Knowing the do's and don'ts of effective speaking can empower you to create healthy boundaries, decrease conflict and build deeper connections with not only the children we work with but everyone in our lives.

### **D4 A FORAY INTO THE FOREST OF INDIGENOUS AUTHORS OF CHILDREN'S LITERATURE**

***FACILITATOR: JOHN BOAN-MITCHELL***

Spend this session with a fellow Teacher-Librarian to explore the plethora of "Indigenous Themed" children's books through the lens of Article 11 of the United Nations Declaration of the Rights of Indigenous Peoples.

Article 11 of the UNDRIP states that:

11.1. Indigenous peoples have the right to practice and revitalize their cultural traditions and customs. This includes the right to maintain, protect and develop the past, present and future manifestations of their cultures, such as archaeological and historical sites, artifacts, designs, ceremonies, technologies and visual and performing arts and literature.

11.2 States shall provide redress through effective mechanisms, which may include restitution, developed in conjunction with indigenous peoples, with respect to their cultural, intellectual, religious and spiritual property taken without their free, prior and informed consent or in violation of their laws, traditions and customs.

This interactive inquiry provides colleagues the opportunity to delve into their understanding the intent of Article 11 of UNDRIP, and explores how as citizens, of a signatory nation, and especially, Teacher-Librarians, as purveyors of equality and justice, can help facilitate the revitalization of Indigenous culture. As 2019, is identified by the UN as the

International Year of Indigenous Languages, there is no better time to begin this inquiry.

John is currently working as a Teacher-Librarian at George Bonner Elementary School. Joining the Bonner Staff in 2014, he fulfilled his goal to return to work at a school which has a significant representation of Indigenous children. Acknowledging and celebrating Indigenous culture is high on his list of priorities as an educator, as in the past, he has secured BCTF Social Justice grant money to coordinate a Celebration of Indigenous People at Bonner during his first two years there. Also, their library hosted the Canadian Geographic Society's Giant Floor Map of the Indigenous Peoples of Canada. Recently, his school participated in a Malahat First Nation naming ceremony of their Spirit Bear that was gifted to them by the First Nations Child and Family Caring Society, a national organization focussed on bringing equity and justice to the Indigenous Peoples in Canada.

Inspired by the keynote speaker at the 2018 BCTLA Conference, Toni Samek, John has 'accepted the challenge' and embraced the important role of a librarian to ensure human rights are defended. It is a substantial responsibility Teacher-Librarians have in advocating that all students' cultures are respected, and specifically, that the culture of Indigenous students are given their rightful recognition as identified in Article 11 of the United Nations Declaration of Indigenous People.

### **D5 OUTDOOR EDUCATION - WONDERING WEDNESDAYS**

***FACILITATOR: SYLVIA SWIFT***

**Teachers will meet at Mill Bay Nature Park**, 15 minutes from George Bonner School. The afternoon will be spent immersed in the wonder of an outdoor day. Sylvia will guide teachers through activities that can be done outdoors with connections to the curriculum and core

competencies. **Dress for weather** as workshop will happen rain or shine. Sylvia came from Williams Lake 3 years ago where she taught Nature Kindergarten. She trained with Forest and Nature School of Canada and uses The Coyote Survival Guide as a resource. She continues to tweak her weekly outdoor day at George Bonner where her Grade 3 class walks to 3 different locations throughout the year.

#### **D6 VOCAL HEALTH AND HAZARDS FOR TEACHERS**

*FACILITATOR: SUSAN EDWARDS*

Susan will use a combination of lecture, videos, demonstrations and diagrams to help you learn about:

- How your voice works
- Taking care of your voice every day (e.g., vocal resonance and projection, rest, amplification, scheduling voice use, getting your students involved, reflux, hydration, body alignment, etc.)
- Practical exercises for tired or sick voices (e.g., warm up/cool down, releasing tension in the tongue, jaw, neck and shoulders, etc.)
- Voice disorders (e.g., muscle tension dysphonia, nodules, polyps, viral vocal fold paralysis, etc.)
- What to do in case of injury or illness
- Resources for voice care, including who to contact if you are concerned about your voice.

Come ready to stretch, breathe and play with your voice. There will be plenty of time for questions throughout the session.

Susan Edwards, M.Sc., RSLP (850) is a speech-language pathologist with a 30-year history of working in schools, hospitals & community health care. Her areas of private practice are Voice Health and Communication Development following a neurological diagnosis such as Stroke, Brain Injury, or Parkinson's disease. Susan takes referrals from Dr. Amanda Hu, Laryngologist at the Provincial Voice Resource Program and Otolaryngologists (ENTs) on the island and in the lower mainland but people can also self-refer. She has presented at Speech & Hearing BC conferences, VIVO (Vancouver Island Voice Overs), Victoria Parkinson's

Society as well as being invited to individual schools to present on voice health. Learn more at [flowspeech.ca](http://flowspeech.ca).

#### **D7 INTEGRATING DRAMA IN THE CLASSROOM**

*CANCELLED*

#### **D8 COACHING ELEMENTARY TRACK AND FIELD**

**WORKSHOP CANCELLED**

#### **D9 USING POSITIVE THINKING (PSYCHO CYBERNETICS) TO IMPROVE STUDENT PERFORMANCES**

*FACILITATOR: WAYNE LOUDET*

I have led students, teams and conferences for 47 years using the techniques given in this workshop. Attendees will be presented with the theory as developed by Dr. Maxwell Martz and examples of the power of the subconscious. Various case studies will be shown. Finally, techniques will be shown as to how to use this to improve performances. Ideal to improve performance in sports, drama, art, music, dance, debating, public speaking, test anxiety and so on.

Wayne Loutet has taught mathematics for over 40 years. He also spent time as a computer programmer, computer sales manager and adult computer trainer. Currently he teaches mathematics at CSS. He coached over 80 teams in rugby, basketball and track & field (pole vaulting). Wayne lives in Duncan with his daughter and 2 watch cats. In the 70s and 80s, he built 2 geodesic domes on acreage in Glenora.

#### **D10 THE DESTINATION IMAGINATION TEAM CHALLENGE LEARNING EXPERIENCE**

*FACILITATOR: VANESSA MERRITT*

In this workshop we will dig into how the DI's open-ended hands-on challenges fit into classroom content. We'll explore how the learning experience promotes creative and critical thinking, communication and collaboration. This experience is an effective interdisciplinary approach to

enhancing core competencies outlined in BCs new curriculum. It is a project-based learning experience that applied the *creative process* across seven challenge types: science, technology, engineering, fine arts, improvisation, service learning and early learning. This will enable Kindergarten to Grade 12 students to engage in their own learning, acquire and practice the communication, collaboration and thinking skills needed to thrive in school and beyond.

Vanessa Merritt is workshop coordinator for Destination Imagination, BC. Vanessa began teaching in the 90s. She has been involved with Destination Imagination as a parent volunteer, appraiser, team manager and workshop facilitator. The DI experience has had a strong influence on her teaching style, challenging her to promote reflective and creative thinking amongst learners. She particularly values the powerful dynamic that team members develop through using their unique strengths collaboratively. Currently, she enjoys parenting three teens and enjoys the opportunity to share the Destination Imagination Experience with educators and learners around Vancouver.

#### **D11 THE SCIENCE OF COMPUTATIONAL THINKING**

***FACILITATOR: CARRIE ANTONIAZZI, SCIENCE WORLD***

**Please bring a tablet or laptop.** How can we make the process of designing investigations and representing data more relevant to students? Join us as we explore how to incorporate computational thinking, a problem-solving strategy, to the sciences. We'll share effective practices and discover how computational thinking might enhance students' progression through the curricular competencies.

Science World BC is committed to supporting teachers in STEAM (science, technology, engineering, arts & design, and mathematics) education.

#### **D12 BUCKET DRUMMING - TIPS FOR SUCCESS K-6**

***FACILITATOR: HELEN VAN SPRONSEN***  
Kids love bucket drumming! It is an easy way to develop strong rhythm skills from an early age. Discover some great online resources as well as ways to make it easier on yourself as you teach and develop skills.

#### **D13 OBSERVATION SKILLS FOR PUZZLING BEHAVIOURS**

***FACILITATOR: SHELLEY WEBSTER***  
Do you sometimes wonder, "What on earth is going on in that kid's mind," as you watch your student behave in a puzzling way? Figuring out the purpose behind a student's behaviour can be a challenging task. Knowing what to look for is the first step in solving the puzzle. This session will offer opportunities for developing observation skills using both informal and formal behaviour assessments. Formats for efficient recording of information will be shared. This session is suitable for learning support or classroom teachers as an introduction to the functional behaviour assessment process.

Shelley is currently a resource teacher at Tansor with many interesting puzzles to solve every day! She has been focussing her professional development on supporting students with Autism.

#### **D14 PROBLEM SOLVING IN WRITING - WHAT CHILDREN NEED TO KNOW TO GET THEIR IDEAS ON PAPER**

***FACILITATOR: SHARI WORSFOLD***  
The writing process involves composing and writing a message on paper. Once children have an idea, they need strategies for writing the words. Find strategies to help them learn to work with "the code". Shari has been a primary teacher and literacy specialist for over 20 years. Currently, Shari is a reading recovery teacher leader for the Southern Vancouver Island Reading Recovery Consortium. She has spent most of her career working with children who struggle to read and write.

**D15 BODY SMART: FROM CHILD TO TEEN  
(GRADES 4-7)**

***FACILITATOR: KERRI ISHAM***

When teachers talk openly and honestly about sexuality, students have the comfort, knowledge and support they need to achieve healthy sexual lives. Puberty can be a scary and challenging time. You have a unique opportunity to make puberty an exciting rite of passage for students. With fun, meaningful and hands-on activities, our students can learn to be open and confident with these sensitive topics. This workshop will be entertaining, engaging and informative.

**D16 SOGI EDUCATION**

***FACILITATOR: KRISTI KOONS***

This workshop is an informal introduction to SOGI 123 initiatives, developing queer inclusive spaces and facilitating Gender and Sexuality Groups at school. Kristi sits on the SOGI committee, the Social Justice committee and runs the GSA group at Quamichan School - in close collaboration with the Rainbow Club at CSS. She will share some facts, some lesson plans, some ideas, and some resources to help you on your journey to being an educated advocate for LGBTQ+ inclusive spaces.

**D17 ~~HANDS-ON MATH, PATTERNING~~  
WORKSHOP CANCELLED**